

# Virtual Marathon



## 1st Virtual Marathon – 2025

Date: 8th April – 7th May 2025

Registration Period: 28th February 2025 – 31st March 2025

## Event Overview

The 1st Virtual Marathon – 2025 is an opportunity for running enthusiasts worldwide to participate in a marathon at their convenience, from any location. Participants can choose from various categories based on their fitness levels and goals.

## Categories

Full Marathon (42.195 km) – For experienced marathon runners.

Half Marathon (21.097 km) – For those looking for a challenge but not ready for a full marathon.

10K Run – Ideal for intermediate runners.

5K Run – Perfect for beginners or those who prefer short-distance running.

1K Fun Run – Open for children, families, and seniors to promote health and fun.

Para Marathon – Dedicated to differently-abled participants.

Treadmill Challenge – Participants can complete the run indoors using a treadmill.

#### How to Participate

Register: Sign up between 28th February – 31st March 2025 on the official website.

Choose a Category: Select your preferred marathon type based on fitness level.

Run Anytime & Anywhere: Complete the race between 8th April – 7th May 2025 at a location of your choice.

Track & Submit Results: Use a fitness app (Strava, Nike Run Club, Garmin, etc.) or a smartwatch to track your run and submit the results via the event portal.

Receive Your Medal & E-Certificate: Upon successful verification of results, all finishers will receive an e-certificate, and winners will be awarded medals/trophies.

#### General Rules & Guidelines

Participants must submit a screenshot or GPS-tracked proof of their run.

Runs must be completed in a single session per the selected category.

Ensure proper safety measures while running outdoors.

Treadmill runners must submit a video/photo of their treadmill screen showing distance and time.

The organizers reserve the right to verify and validate results before announcing winners.

#### Awards & Recognition

E-Certificates for all finishers.

Exclusive Medals for top finishers in each category.

Social Media Recognition for inspiring stories and performances.

Join us in making this virtual marathon a grand success by staying fit and celebrating the spirit of running!

 Register Now & Start Your Training!